

CURRICULUM VITAE

Joël Núñez, Ph.D

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Professional Licensure

Licensed Psychologist, State of New Jersey, # 35SI00437200 November 2006

Education

Doctor of Philosophy, Psychology August 2003

The Pennsylvania State University, University Park, PA

Summa cum Laude, GPA: 3.91

Dissertation: Towards a culture-specific model of sexual aggression in Latino college students. (Defense passed, July 2001)

Master of Science, Psychology August 1999

The Pennsylvania State University, University Park, PA

Summa cum Laude, GPA: 3.91

Thesis: Perception of discrimination, acculturation, and self-esteem in Black and White Latinas/os. (Defense passed, July 1999)

Bachelor of Arts, Psychology June 1996

Drew University, Madison, NJ

cum Laude, with Honors, GPA: 3.57

Honors Thesis: Racial and ethnic identity conflict in the Black Latina/o. (Defense passed, May 1996)

Professional Experience

Group Practice Psychologist June 2010 – Present

Prov 205 Psychological Services, Bayonne, NJ

Sole proprietor and chief clinician. Provide individual, couples, and family therapy to adolescents and adults. Diagnose and treat individuals living with mental disorders and substance abuse disorders as well as enhance the functioning of persons struggling with challenges in living. Conduct court-ordered forensic psychological evaluations to determine appropriateness of waiver to adult status, re-sentencing for adults convicted during adolescence, competence to stand trial, eligibility for early release, mental status, intellectual capacity, bonding with offspring

or children being cared for, parenting capacity, termination of parental rights, substance abuse risk, and sexual offending risk for private attorneys, the Office of the Public Defender and Division of Child Protection and Permanency. Qualified as an expert in clinical psychology and forensic psychology in Hudson County, Passaic County and Atlantic County, NJ. Conduct psychological evaluations for school districts, private immigration cases and criminal litigation with children, adolescents and adults. Provide clinical supervision to licensed doctoral-level clinical psychologists, unlicensed psychologists-in-training and psychological externs/interns employed at Prov 205. Supervise a staff of seven employees. Employ a humanistic-existential framework upon which cognitive-behavioral and interpersonal theories and therapy interventions are interwoven.

Educational and Corporate Consultant September 2011 – Present

Prov 205 Psychological Services, Bayonne, NJ

Design and lead comprehensive, multimedia professional development seminars for educators (administrators, teachers, paraprofessionals, and support staff) in public and non-public schools and professionals in behavioral health care agencies. Seminars focus on presentation of psychological and sociological principles regarding the process of education in establishing and maintaining learning environments in which students' cognitive, emotional, and behavioral needs are met in order to maximize learning as well as self-care and leadership among professionals. Design and lead comprehensive, multimedia development seminars to students (K – 12; university students) in public and non-public schools and colleges/universities. Seminars focus on psychological and sociological principles of enhancing motivation, taking responsibility for one's education, and developing high character for attaining/sustaining long-term success. Design and lead comprehensive, multimedia development seminars and workshops for parents, guardians, and community leaders. Presentations focus on bedrock role played by family and civic organizations in students' scholastic and larger life success. Design and lead comprehensive, multimedia development seminars and workshops for professionals in public and private sector organizations. Presentations focus on optimizing individual and workforce performance.

Consultant Psychologist January 2007 – May 2014

North Jersey Developmental Center, Totowa, NJ

Administered and interpreted a variety of psychological tests for diagnosing mental, affective, and intellectual deficits, formulated treatment planning, and created comprehensive reports among developmentally disabled, behaviorally-challenged, and severe and persistently ill adult and adolescent resident population. Presented test results and conclusions at interdisciplinary group meetings. Managed the delivery of psychological services within a cottage of 32 clients all suffering from developmental disabilities and many with comorbid psychiatric disorders, including severe and persistent

mental illness. Provided weekly supportive psychotherapy as needed with cottage residents. Provided weekly group psychotherapy to high functioning clients with a focus on accepting personal responsibility, development of empathy, affect regulation, adaptive coping and problem-solving. Devised Behavioral Assessment Reports and Behavior Support Plans for all clients as needed. Trained the Behavior Support Plans to all cottage staff and on-campus staff as needed. Supervised the daily operations of two Behavior Modification Program Technicians in their implementation of Behavior Support Plans. Managed the delivery of psychological services at the Special Support Unit for developmentally disabled youth adjudicated through the legal system. Provided individual and group psychotherapy for these youth as needed. Trained cottage staff on the implementation of therapeutic and behavioral interventions.

Clinical Supervisor (part-time) September 2009 – January 2013

Meadowview Psychiatric Hospital, Secaucus, NJ

Provided clinical supervision at an intermediate care facility to staff psychologists-in-training in pursuit of their professional licenses to practice psychology in the States of New Jersey and New York. Provided twice weekly individual clinical supervision hours to two psychologists-in-training. Provided weekly group clinical supervision to three psychologists-in-training and psychology externs.

Bilingual Clinical Psychologist September 2003 – January 2007

Meadowview Psychiatric Hospital, Secaucus, NJ

Administered and interpreted a variety of psychological tests for diagnosing mental and comorbid substance abuse disorders, formulated treatment planning, and created comprehensive reports among severe and persistently ill inpatient population. Presented test results and conclusions at interdisciplinary group meetings and case conferences. Selected the approach to use in individual and group therapy and planned the frequency, intensity, and duration of therapy. Treated individuals with psychiatric disorders to effect improved adjustments utilizing various accepted psychotherapeutic techniques. Integrated family, social, cultural, and economic factors that impact patients and their families. Developed and ran psycho-educational, illness recovery, and relapse prevention treatment groups in Spanish for monolingual and bilingual (Spanish-preferring) inpatients. Developed and led grand round and in-service presentations to clinical and hospital staff on issues of relevance such as establishing appropriate boundaries with patients, clinician self-care, spirituality and mental health, etc. Worked in interdisciplinary teams under the direction of psychiatrists using the biopsychosocial approach to coordinate treatment and discharge planning for in-patients.

Teaching Experience

Instructor October 2021 - present

Certificate Program, Office of Continuing Education, Rutgers University

Teach juvenile justice professionals an originally-designed course on adolescent cognitive, psychosocial and neurobiological development pertaining to involvement with the justice system.

Small Group Facilitator January 6, 2003 – January 10, 2003

Robert Wood Johnson Medical School, 30th Annual Human Sexuality Program

Co-led a weeklong process/didactic group comprised of medical students, nurses, and physician assistants.

Teaching Assistant January 1998 – May 1998

Psychology Department, The Pennsylvania State University

Taught a weekly undergraduate recitation for Abnormal Psychology course, developed and scored exams, lead review sessions; received 26 of 26 student ratings in the excellent range.

Teaching Assistant September 1997 – December 1997

Psychology Department, The Pennsylvania State University

Taught a weekly undergraduate recitation for Abnormal Psychology course, developed and scored exams, lead review sessions; received 23 of 24 student ratings in the excellent range.

Publications

Núñez, J. (2015). Get out of your own way: The power of choice in reaching aspirations and overcoming challenges [MP3, WAV and CD]. Bayonne, NJ: The Legacy Academy.

Núñez, J. (2012). Enduring Impact: Educating with Heart and Mind to Reach Hearts and Minds. Maitland, FL: Xulon Press.

Núñez, J. (2004). Towards a culture-specific model of sexual aggression in Latino college students. *Dissertation Abstracts International*, 64(09), 4628B. (UMI No. 3106299)

Echemendía, R.J. & Núñez, J. (2004). Psychotherapy in a multicultural context. In M.J. Dewan, B.N. Steenbarger, & R.P. Greenberg (Eds.), The Art and Science of Brief Psychotherapies: A Practitioner's Guide (pp. 243-255). Washington D.C.: American Psychiatric Publishing Incorporated.

Zane, N., Hall, G.C.N., Sue, S., Young, K. & Núñez, J. (2004). Research on psychotherapy with culturally diverse populations. In M. Lambert, A. E. Bergin, & S. L. Garfield

(Eds.), Handbook of psychotherapy and behavior change (5th ed.) (pp. 767-804). New York: Wiley.

Selected Presentations

- 2023 Keynote Presentation – How Long Until We’re Finally *Really* Americans?: Latin American Representation in the Mental Health Professions vis-a-vis Persistent Perceptions of Otherness. Latino Mental Health Association of New Jersey Annual Conference, February 10, 2023, St. Elizabeth’s University, Morris Township, NJ.
- 2022 Keynote Presentation & Training – Healing Others, Healing the Self: Treating Anxiety and Depression While Building Self-Care Competency. Cityline Facility, May 27, 2022, Gibraltar, British Overseas Territory.
- 2022 Plenary Address – Re-Imagining Justice In An Ever-Changing Adolescent World: Beyond Trauma-Informed Care. Pennsylvania Criminal Justice Advisory Board Annual Conference, April 12, 2022, State College, PA.
- 2021 Plenary Address – Shared Humanity: Catalyst for Innovation, Integration and Motivation. Pennsylvania Criminal Justice Advisory Board Annual Conference, April 20, 2021, State College, PA (delivered remotely due to COVID-19 restrictions).
- 2019 Plenary Address – Shared Humanity: A Trauma-Informed Perspective. NJ Probation Division Education Conference, October 7, 2019, Atlantic City, NJ.
- 2019 Lead Faculty Seminar – Adolescent Psychosocial Development, the Mediating Effect of Childhood Adversity and Moderating Role of Providers: A Trauma-Informed Perspective. Juvenile Justice and Youth Development Pilot Program, May 2, 9 and 16, 2019 Rutgers University, NJ.
- 2017 Invited Address – Get Out of Your Own Way, February 22, 2017, Montana State University, Bozeman, MT.
- 2017 Invited Address – Self-Care Strategies, January 26, 2017, Indiana State University, Terre Haute, IN.
- 2016 Invited Address – Do I Belong Here?, October 18, 2016, Case Western Reserve University, Cleveland, OH.
- 2016 Invited Address – Get Out of Your Own Way, April 3, 2016, Duquesne University, Pittsburgh, PA.
- 2015 Invited Address – Keeping the Flame, October 15, 2015, University of Colorado, Boulder, CO.
- 2015 Invited Address – The Genius Myth, July, 17, 2015, University of Minnesota, Twin Cities, Minneapolis, MN.
- 2015 Invited Address – The Last Lecture: Self-Efficacy, April 23, 2015, Stevens Institute of Technology, Hoboken, NJ.
- 2014 Spring Into Action Statewide Self-Advocacy Luncheon – Taking Care of You, April 12, ARC of NJ, Somerset, NJ.
- 2014 Whole Staff Training – Self-Care for the Educators & Caregivers of the Developmentally Disabled, March 10, 2014, Cerebral Palsy of North Jersey, Livingston, NJ.

- 2014 Annual Provident Legacy Real Estate Agency New Year's Gala – Empowered to Perform, January 6, 2014, Jersey City, NJ.
- 2013 Professional Development Seminar – Conflict Resolution for the Educator, January 9, 2013, Infinity Institute, Jersey City, NJ.
- 2013 Student Development Seminar – The New Literacy: Read to Liberate, Read to Lead, March 27, 2013, New Jersey City University (Student Government Association), Jersey City, NJ.
- 2012 Professional Development Seminar – Establishing, Enhancing & Repairing Self-Esteem in Children, June 19, 2012, Al-Ghazaly School, Jersey City, NJ.
- 2012 Professional Development Seminar – Managing Maladaptive Behaviors in the Classroom, June 11, 2012, Badr School, Jersey City, NJ.
- 2012 Professional Development Seminar – Self-Care for the Educator, December 21, 2011, Jersey City Board of Education, Jersey City, NJ.
- 2011 Professional Development Seminar – The Psychosocial Impact of a Teacher on a Child's Life, August 30, 2011, Joseph's School of Tomorrow, Jersey City, NJ.
- 2009 Jumpstart Program 2009 – The Talk I Wish I Would Have Received as an Incoming Freshman, September 2, 2009, Ronald McNair Academic High School, Jersey City, NJ.
- 2006 NAMI Monthly Family Support Group – Strength in the Midst of Crisis: The Potential Benefits of Spirituality and Religiosity in Mental Health, October 10, 2006, National Alliance for the Mentally Ill, Hudson County Chapter, Jersey City, NJ.
- 2006 New Teacher Induction (Keynote Address) – To Make a Difference, August 28, 2006, Joseph H. Brensinger Public School #17, Jersey City, NJ.
- 2006 NAMI Monthly Family Support Group – La espiritualidad, religiosidad y salud mental: Cuidado propio para los que cuidan (Spirituality, Religiosity and Mental Health: Self-Care for the Caregivers), April 5, 2006, National Alliance for the Mentally Ill, Hudson County Chapter, Union City, NJ.

Pre-Doctoral Clinical Experience

Pre-Doctoral Psychology Intern August 2002 – August 2003

UMDNJ-Robert Wood Johnson Medical School, Piscataway, NJ

Conducted individual psychotherapy and co-led group psychoeducation with convicted juvenile sexual offenders using a relapse prevention model. Conducted individual psychotherapy and co-led group psychoeducation with adults suffering from severe and persistent mental illness and personality disorders using supportive, cognitive-behavioral, interpersonal, and dialectical behavioral modalities within a community mental health center setting. Conducted evaluations and manualized treatment protocols, in both English and Spanish, using a cognitive-behavioral perspective for a NIH funded study of somatization disorders within primary care settings. Conducted on-going formal assessments to determine type, severity/degree of functional impairment of psychopathology, cognitive deficits, and

negative treatment indicators of clients in brief and extended treatment settings; prepared comprehensive reports based on test results and clinical observations. Conducted home-based assessment and therapeutic interventions for Latino families, in Spanish. Made formal psycho-educational presentations in both English and Spanish to outpatient groups in primary care settings and clinical professionals on topics such as stress management, building self-esteem, and cultural competence. Received a total of seven hours per week individual and group supervision.

Staff Therapist July 1997 – July 2002

The Psychological Clinic, The Pennsylvania State University

Provided short- and long-term psychotherapeutic treatment for an average of 15 clients per week with mood, anxiety, personality, psychotic disorders and mental retardation; utilized integrative framework drawing from interpersonal, psychodynamic, humanistic-existential, cognitive-behavioral techniques; conducted therapy in Spanish with international clients; received four hours per week individual and group supervision. Provided weekly supervision for graduate student clinicians. Conducted formal assessments for learning disorders, ADHD, and comorbid psychopathology; prepared comprehensive reports based on test results and clinical observations. Utilized WAIS-III-R, Woodcock-Johnson-III, Bateria-R, BVAT, CVLT-2, GORT-3, TOWL-2, WRAT-3, WMS-III, VSAT, Stroop, Vigil/W, PASAT, BDI, STAI, MMPI-2.

Research Assistant July 2000 – July 2001

Dr. Gordon C. Nagayama Hall's laboratory, The Pennsylvania State University

Assisted in the local management of a National Institute of Health funded multi-site, multi-year project; responsible for a staff of two graduate and four undergraduate students in preparing/administering questionnaires and collecting/analyzing data using SPSS and EQS; co-authored journal articles and book chapters resulting from project.

Extern Therapist June 1997 – September 1997

Department of Child and Adolescent Services, Metropolitan Hospital, New York, NY

Provided short-term psychodynamic treatment for four low-income African American and Latina/o adolescents with substance-related disorders, mood disorders, and psychotic disorders; received three hours per week individual and group supervision.

Honors and Awards

Paul and Daisy Soros Fellowships for New Americans, Fellow, 1998 – 2000

One of 20 Fellows selected from a field of over 600 applicants from colleges and

universities across the United States on the basis of academic achievement and post-graduate promise; received a yearly stipend and half-tuition payment; attended annual Fellows' Conference in New York, NY.

Penn State Minority Graduate Assistant Award, Recipient, 1996 –1998

Selected by the Graduate School to receive award on the basis of scholarly achievement and academic promise.

Drew University (College of Liberal Arts) Annual Commencement Address, May 1996.

Selected to give commencement address by deans of the colleges, university faculty, and graduating class from a field of over 50 candidates on the basis of oratorical skill and outstanding contribution to campus community.

Drew University Psi Chi Research Award, Recipient, May 1996.

Selected from a field of 10 honors theses and research projects in psychology on the basis of thesis originality and methodological rigor.

National Science Foundation Summer Psychology Program, Recipient, Summer 1995.

One of seven undergraduates selected from a nationwide search on the basis of scholarly achievement and academic promise in the field of psychology. Attended weekly seminars taught by psychology professors at the Pennsylvania State University; worked in a graduate laboratory in the department of psychology; developed a proposal for an empirical study conducted during the subsequent academic year.

References

Dona Bellucci, Ph.D
Principal Clinical Psychologist
Essex County Psychiatric Hospital
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Victor Carlson, Psy.D
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